

Eastern Idaho Resource Directory

Resource Category	Name	Address	City	Phone Number	Zipcode	Additional Information	Website
Diabetes	EIRMC Wellness Center	3100 Channing Way	Idaho Falls	208-529-6111	83404	Heart clinic, diabetes education, COPD, psychologist, dietician. Accepts Medicaid and private insurance.	
Diabetes	Chronic Disease Self-Management Program (CDSMP)	Family Crisis Center 16 East Main Street	Rexburg	Living Well in Idaho 774-526-7837 Contact: Dave 208-356-8442	83440	A series of workshops for people with arthritis, diabetes, heart disease, lung disease, and other health problems. Rexburg Workshop meets Friday afternoons: 12-2:30pm	
Diabetes	Diabetes Education	Madison Memorial Hospital 450 East Main Street	Rexburg	208-359-6524	83440	MMH offers diabetes education classes taught by a Certified Diabetes Educator who explains the cause and treatment for diabetes, the effects of medications, how to monitor blood sugar, as well as how to incorporate activity into a diabetes plan. An individualized food plan is created for each client based on his/her own needs. Simple ideas for lifestyle changes also available. Please call (208) 359-6524 for an apt.	
Diabetes	Rocky Mountain Diabetes and Osteoporosis Center	3910 Washington Parkway	Idaho Falls	208-523-1122	83404	The Center provides comprehensive patient-focused diabetes and other endocrine care to adults and children.	
Diabetes/Tobacco	Idaho Wellness Guide					Website created to help you find local resources to stay healthy or manage a chronic condition like diabetes, heart disease, cancer, and others. There are resources listed here to help you quit tobacco, lose weight, take care of your oral health and many more. Healthy behaviors—such as eating a nutritious diet, being physically active and not smoking— can prevent, lessen and even eliminate some chronic health problems.	
Tobacco	Project Filter			1-800-QUIT NOW (1-800-784-8669)		Project Filter is Idaho's Tobacco Prevention and Control program. Project Filter works to educate the public about the resources available to help quit using tobacco.	
Tobacco	Tobacco Prevention & Cessation	EIPH 1250 Hollipark Drive	Idaho Falls	208-533-3149 (Timallee) 208-533-3157 (Pam)	83401	Local Free Tobacco Cessation Services	